May 2023

Educator Calendar

All month: Better Hearing and Speech Month · Mental Health Awareness Month · National Physical Fitness and Sports Month · May Theme: Gratitude & Reflection · Asian American, Native Hawaiian, and Pacific Islander Heritage Month · Jewish American Heritage Month

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 • Teacher Appreciation	**2** • Teacher Day • Teacher Appreciation	**3** • Teacher Appreciation	**4** • Teacher Appreciation	**5** • Lunch Hero Day • Teacher Appreciation • Cinco de Mayo	**6**
7	**8**	**9**	**10** • School Nurse Day	**11**	**12**	**13**
14 • Mother's Day	**15**	**16**	**17**	**18**	**19**	**20**
21	**22**	**23**	**24**	**25**	**26**	**27**
28	**29** • Memorial Day	**30**	**31**			

Legend: • Holidays & Celebrations • Awareness Days/Months • Appreciation Days/Weeks • Monthly Teaching Themes • Culture & History

May 2023

Events in May 2023

May 1 – May 31 **Asian American, Native Hawaiian, and Pacific Islander Heritage Month** (Culture & History) A month celebrating the cultures and contributions of Asian Americans, Native Hawaiians and Pacific Islanders.

May 1 – May 31 **Better Hearing and Speech Month** (Awareness Days/Months) ASHA's month raising awareness of communication disorders.

May 1 – May 31 **Jewish American Heritage Month** (Culture & History) A month recognising the contributions of Jewish Americans.

May 1 – May 31 **May Theme: Gratitude & Reflection** (Monthly Teaching Themes, TTW teaching theme) TTW teaching theme: gratitude, appreciation and reflection.

May 1 – May 31 **Mental Health Awareness Month** (Awareness Days/Months) A month raising awareness of mental health and reducing stigma.

May 1 – May 31 **National Physical Fitness and Sports Month** (Awareness Days/Months) A month encouraging physical activity.

May 1 – May 5 **Teacher Appreciation Week** (Appreciation Days/Weeks) A week honouring teachers (first full week of May).

Tue May 2 **National Teacher Day** (Appreciation Days/Weeks) A day honouring teachers, on the Tuesday of Teacher Appreciation Week.

Fri May 5 **Cinco de Mayo** (Culture & History) A celebration of the Mexican army's victory at the Battle of Puebla in 1862, and of Mexican-American culture.

Fri May 5 **School Lunch Hero Day** (Appreciation Days/Weeks) A day thanking school nutrition professionals (first Friday in May).

Wed May 10 **National School Nurse Day** (Appreciation Days/Weeks) A day recognising school nurses (the Wednesday of National Nurses Week).

Sun May 14 **Mother's Day** (Holidays & Celebrations) A day honouring mothers and mother figures.

Mon May 29 **Memorial Day** (Holidays & Celebrations) A federal holiday honouring U.S. military personnel who died in service.