May 2026

Educator Calendar

All month: Better Hearing and Speech Month · Mental Health Awareness Month · National Physical Fitness and Sports Month · Asian American, Native Hawaiian, and Pacific Islander Heritage Month · Jewish American Heritage Month

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 • Lunch Hero Day	2
3	4 • Teacher Appreciation	5 • Teacher Day • Teacher Appreciation • Cinco de Mayo	6 • School Nurse Day • Teacher Appreciation	7 • Teacher Appreciation	8 • Teacher Appreciation	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

Legend: • Awareness Days/Months • Appreciation Days/Weeks • Prevention & Safety • Culture & History

Events in May 2026

May 1 – May 31 **Asian American, Native Hawaiian, and Pacific Islander Heritage Month** (Culture & History) A month celebrating the cultures and contributions of Asian Americans, Native Hawaiians and Pacific Islanders.

May 1 – May 31 **Better Hearing and Speech Month** (Awareness Days/Months) ASHA's month raising awareness of communication disorders.

May 1 – May 31 **Jewish American Heritage Month** (Culture & History) A month recognising the contributions of Jewish Americans.

May 1 – May 31 **Mental Health Awareness Month** (Awareness Days/Months) A month raising awareness of mental health and reducing stigma.

May 1 – May 31 **National Physical Fitness and Sports Month** (Awareness Days/Months) A month encouraging physical activity.

Fri May 1 **School Lunch Hero Day** (Appreciation Days/Weeks) A day thanking school nutrition professionals (first Friday in May).

May 4 – May 8 **Teacher Appreciation Week** (Appreciation Days/Weeks) A week honouring teachers (first full week of May).

Tue May 5 **Cinco de Mayo** (Culture & History) A celebration of the Mexican army's victory at the Battle of Puebla in 1862, and of Mexican-American culture.

Tue May 5 **National Teacher Day** (Appreciation Days/Weeks) A day honouring teachers, on the Tuesday of Teacher Appreciation Week.

Wed May 6 **National School Nurse Day** (Appreciation Days/Weeks) A day recognising school nurses (the Wednesday of National Nurses Week).