# May 2053

Educator Calendar

**All month:** Better Hearing and Speech Month · Mental Health Awareness Month · National Physical Fitness and Sports Month · May Theme: Gratitude & Reflection

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---|---|---|---|---|---|---|
| | | | | 1 | 2<br>• Lunch Hero Day | 3 |
| 4 | 5<br>• Teacher Appreciation | 6<br>• Teacher Day<br>• Teacher Appreciation | 7<br>• School Nurse Day<br>• Teacher Appreciation | 8<br>• Teacher Appreciation | 9<br>• Teacher Appreciation | 10 |
| 11<br>• Mother's Day | 12 | 13 | 14 | 15 | 16 | 17 |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 |
| 25 | 26<br>• Memorial Day | 27 | 28 | 29 | 30 | 31 |

**Legend:** • Holidays & Celebrations • Awareness Days/Months • Appreciation Days/Weeks • Monthly Teaching Themes • Prevention & Safety • Other

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## Events in May 2053

**May 1 – May 31** **Better Hearing and Speech Month** (Awareness Days/Months) ASHA's month raising awareness of communication disorders.

**May 1 – May 31** **May Theme: Gratitude & Reflection** (Monthly Teaching Themes, TTW teaching theme) TTW teaching theme: gratitude, appreciation and reflection.

**May 1 – May 31** **Mental Health Awareness Month** (Awareness Days/Months) A month raising awareness of mental health and reducing stigma.

**May 1 – May 31** **National Physical Fitness and Sports Month** (Awareness Days/Months) A month encouraging physical activity.

**Fri May 2** **School Lunch Hero Day** (Appreciation Days/Weeks) A day thanking school nutrition professionals (first Friday in May).

**May 5 – May 9** **Teacher Appreciation Week** (Appreciation Days/Weeks) A week honouring teachers (first full week of May).

**Tue May 6** **National Teacher Day** (Appreciation Days/Weeks) A day honouring teachers, on the Tuesday of Teacher Appreciation Week.

**Wed May 7** **National School Nurse Day** (Appreciation Days/Weeks) A day recognising school nurses (the Wednesday of National Nurses Week).

**Sun May 11** **Mother's Day** (Holidays & Celebrations) A day honouring mothers and mother figures.

**Mon May 26** **Memorial Day** (Holidays & Celebrations) A federal holiday honouring U.S. military personnel who died in service.