May 2026

Educator Calendar

All month: Better Hearing and Speech Month · Mental Health Awareness Month · National Physical Fitness and Sports Month

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 • Lunch Hero Day	2
3	4 • Teacher Appreciation	5 • Teacher Day • Teacher Appreciation	6 • School Nurse Day • Teacher Appreciation	7 • Teacher Appreciation	8 • Teacher Appreciation	9
10 • Mother's Day	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25 • Memorial Day	26	27	28	29	30
31						

Legend: • Holidays & Celebrations • Awareness Days/Months • Appreciation Days/Weeks • Prevention & Safety

Events in May 2026

May 1 – May 31 **Better Hearing and Speech Month** (Awareness Days/Months) ASHA's month raising awareness of communication disorders.

May 1 – May 31 **Mental Health Awareness Month** (Awareness Days/Months) A month raising awareness of mental health and reducing stigma.

May 1 – May 31 **National Physical Fitness and Sports Month** (Awareness Days/Months) A month encouraging physical activity.

Fri May 1 **School Lunch Hero Day** (Appreciation Days/Weeks) A day thanking school nutrition professionals (first Friday in May).

May 4 – May 8 **Teacher Appreciation Week** (Appreciation Days/Weeks) A week honouring teachers (first full week of May).

Tue May 5 **National Teacher Day** (Appreciation Days/Weeks) A day honouring teachers, on the Tuesday of Teacher Appreciation Week.

Wed May 6 **National School Nurse Day** (Appreciation Days/Weeks) A day recognising school nurses (the Wednesday of National Nurses Week).

Sun May 10 **Mother's Day** (Holidays & Celebrations) A day honouring mothers and mother figures.

Mon May 25 **Memorial Day** (Holidays & Celebrations) A federal holiday honouring U.S. military personnel who died in service.