# October 2031

Educator Calendar

**All month:** ADHD Awareness Month · Down Syndrome Awareness Month · Dyslexia Awareness Month · October Theme: Bullying Prevention & Self-Control

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---|---|---|---|---|---|---|
| | | | 1<br>• Hispanic Heritage Month | 2<br>• Hispanic Heritage Month | 3<br>• Hispanic Heritage Month | 4<br>• Hispanic Heritage Month |
| 5<br>• Hispanic Heritage Month | 6<br>• Hispanic Heritage Month | 7<br>• Hispanic Heritage Month | 8<br>• Hispanic Heritage Month | 9<br>• Hispanic Heritage Month | 10<br>• Mental Health Day<br>• Hispanic Heritage Month | 11<br>• Day of the Girl<br>• Hispanic Heritage Month |
| 12<br>• Hispanic Heritage Month | 13<br>• Indigenous Peoples' Day<br>• Hispanic Heritage Month | 14<br>• Hispanic Heritage Month | 15<br>• Handwashing Day<br>• Hispanic Heritage Month | 16<br>• Food Day | 17 | 18 |
| 19 | 20<br>• Day on Writing | 21 | 22 | 23 | 24 | 25 |
| 26 | 27 | 28 | 29 | 30 | 31 | |

**Legend:** • Awareness Days/Months • Monthly Teaching Themes • Culture & History • Other

# October 2031

## Events in October 2031

**Sep 15 – Oct 15** **Hispanic Heritage Month** (Culture & History) A celebration of the histories, cultures and contributions of Hispanic and Latino Americans (September 15 – October 15).

**Oct 1 – Oct 31** **ADHD Awareness Month** (Awareness Days/Months) A month raising awareness of ADHD.

**Oct 1 – Oct 31** **Down Syndrome Awareness Month** (Awareness Days/Months) A month celebrating people with Down syndrome.

**Oct 1 – Oct 31** **Dyslexia Awareness Month** (Awareness Days/Months) A month raising awareness of dyslexia.

**Oct 1 – Oct 31** **October Theme: Bullying Prevention & Self-Control** (Monthly Teaching Themes, TTW teaching theme) TTW teaching theme: bullying prevention, safety and self-control.

**Fri Oct 10** **World Mental Health Day** (Awareness Days/Months) A WHO day for global mental health education and awareness.

**Sat Oct 11** **International Day of the Girl** (Awareness Days/Months) A UN day promoting girls' rights and empowerment.

**Mon Oct 13** **Indigenous Peoples' Day / Columbus Day** (Culture & History, varies by location) The second Monday of October: a federal holiday (Columbus Day); many states and districts observe Indigenous Peoples' Day.

**Wed Oct 15** **Global Handwashing Day** (Awareness Days/Months) A day promoting handwashing with soap.

**Thu Oct 16** **World Food Day** (Awareness Days/Months) An FAO day promoting action against hunger.

**Mon Oct 20** **National Day on Writing** (Other) NCTE's day celebrating writing.