# February 2053

Educator Calendar

**All month:** American Heart Month · National Children's Dental Health Month · February Theme: Kindness & Friendship

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---|---|---|---|---|---|---|
| | | | | | | 1 |
| 2<br>● Groundhog Day | 3 | 4 | 5 | 6 | 7 | 8 |
| 9 | 10 | 11 | 12 | 13 | 14<br>● Valentine's Day | 15 |
| 16 | 17<br>● Presidents' Day<br>● Kindness Day | 18<br>● Mardi Gras | 19<br>● Ash Wednesday | 20<br>● Social Justice Day | 21 | 22 |
| 23 | 24 | 25 | 26 | 27 | 28 | |

**Legend:** ● Holidays & Celebrations ● Awareness Days/Months ● Monthly Teaching Themes ● Prevention & Safety ● Other

Educator Calendar

# February 2053

## Events in February 2053

**Feb 1 – Feb 28** **American Heart Month** (Awareness Days/Months) A month raising awareness of heart health.

**Feb 1 – Feb 28** **February Theme: Kindness & Friendship** (Monthly Teaching Themes, TTW teaching theme) TTW teaching theme: kindness, friendship and empathy.

**Feb 1 – Feb 28** **National Children's Dental Health Month** (Awareness Days/Months) A month promoting good oral health habits for children.

**Sun Feb 2** **Groundhog Day** (Holidays & Celebrations) A light-hearted tradition predicting whether spring will come early.

**Fri Feb 14** **Valentine's Day** (Holidays & Celebrations) A day for sharing kindness, friendship and appreciation.

**Mon Feb 17** **Presidents' Day (Washington's Birthday)** (Holidays & Celebrations) A federal holiday officially named Washington's Birthday, honouring U.S. presidents.

**Mon Feb 17** **Random Acts of Kindness Day** (Awareness Days/Months) A day encouraging everyone to perform acts of kindness.

**Tue Feb 18** **Mardi Gras** (Holidays & Celebrations, varies by location) A carnival celebration the day before Ash Wednesday, especially in New Orleans.

**Wed Feb 19** **Ash Wednesday** (Holidays & Celebrations) The first day of Lent for many Christians.

**Thu Feb 20** **World Day of Social Justice** (Awareness Days/Months) A UN day promoting fairness, dignity and opportunity for all.